



Newsletter Date  
November 2020



**OHOPE BEACH SCHOOL**  
*Dream • Believe • Achieve*

# PB4L Newsletter

## Postcards a New Positive Behaviour for Learning (PB4L) Initiative

Last term Mrs Naera began a new initiative with the implementation of PRIDE postcards.

There are five different postcards representing each of our school values. All staff members can send them to children and adults whom they feel deserve one. These have a personal message and are received through the mail system.

Here is a piece of writing by a year 6 student, Holly MacDonald regarding her experiences with getting a postcard.

In term 3 I got a postcard from Ms Walker. I was so surprised when I saw it was for me. I ran up the drive and showed my Mum with my proud face on. She gave me a hug and said "I am so proud of you, I want you to read it out for me". Mum let me have extra ice cream after dinner.

About four weeks later, I was driving home with Mum and we pulled over to check the mail. Mum saw another postcard so she handed it over to me and said "You must be well behaved at school." As I was reading it, I got confused as to why it said "Thank you for always helping out with transport." I said "Well done Mum!" She went from a smile to a confused face, "It's not for me, it's actually for you." I handed it to her, gave her a hug and said "You can have extra ice cream." We both laughed.



### INSIDE THIS ISSUE

Acknowledging positive behaviours	1
Lunch time Activities	2
Athletics and PRIDE	2
Pride Time	3
Lessons to reinforce Ōhope Beach School's Matrix of desired behaviours	4

















### HOW WE REINFORCE GOOD BEHAVIOUR

- Praise
- Pride points / stickers in the classroom setting.
- Pride tickets .
- Riding with Pride tickets - for those who travel by bus.
- End of Term PRIDE draw—where all tickets collected during the term go into a draw with a range of prizes to be chosen from.
- Pride postcards.
- Pride certificates at Friday assemblies
- PRIDE time— Fridays
- Weekly Trophy for the tidiest bag storage environment.
- End of term celebration for the house group who have the most PRIDE points.

*Remember to give attention to the behaviours you want more of.*

## TERM FOUR LUNCH TIME ACTIVITIES

# School Activities Term 4

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MORNING TEA</b>	Dynamo games year 1-3 	Dynamo games year 4-6 	Dynamo games year 1-3  Wheels day 	Dynamo games year 4-6 	Garden club 
<b>LUNCHTIME</b>	 Performing arts group	Choir 	Wheels on the court  Construction Club 	Kopahaka 	Online learning - computer suite - 
	 BIKES	 BIKES	 BIKES	 BIKES	

### PRIDE and Athletics

Recently the whole school have been doing athletics. Nga Peka have been doing these activities every morning striving to do their personal best. Our school have been showing POSITIVITY—by participating with enthusiasm in all aspects of these activities.

RESPECT—by knowing how to keep the equipment tidy for the next person.

INTEGRITY—by not cheating as we will only be cheating ourselves and being fair with the other competitors.

DILIGENCE—we do our best and set goals for ourselves that we work hard to achieve.

Last but not least we show,

EMPATHY—by knowing that not everyone is as good as each other and we respect that.

By Eden Law and Jaimee Bellamy, year 6.

*Come along to a Friday morning assembly at 8.40am if you would like to see children awarded with their certificates, witness the PRIDE draw and hear some lovely school singing.*

### CONSTRUCTION CLUB

On Wednesday Kids can go to construction club. We use different blocks. We build cars and trucks. We make many things. The teacher on construction club is Jenny Jones. It is very cool there. Lots of kids go there.

By Cooper Hudson  
Year 2.



We are very grateful for our fundraising group who organised discos last term. This enabled the school to purchase a range of construction material which the children love.



## PRIDE TIME THIS SEASON



PRIDE time is a special time every Friday for the children of Ohope Beach School to be rewarded for showing our PRIDE values during school time. Although not every child gets to go to PRIDE time each term, a huge majority of different kids will get to have PRIDE time throughout the year. Last term was Winter and that term's PRIDE time focus was Pancakes! A lot of well behaved kids got to cook yummy pancakes and eat them too!

Now this season is quite sunny so the kids are going to the Maraetotara Playground with Mrs Naera, the Principal of Ohope Beach School.

This term on week one, I got PRIDE time. Me and 11 other kids and Mrs Naera and Mrs Hanlen all went to Maraetotara Park to have a play! Once we got there so many different age groups were hanging out together. There were so many smiles and laughter throughout the playground. After some time Mrs Naera offered us some Pineapple Lumps and we all had two lollies each together at a picnic table.

By Nanami Hayter.



## ZONES OF REGULATION

By Elena Marxen -Short

This term one of our PB4L lessons was on the Zones of Regulation. The whole school are learning about these. They are based off the movie 'Inside Out'. In the movie the four emotions are joy, anger, fear and sadness. We relate them to the yellow, blue, red and green zone.



## PB4L LESSONS TERM 4

Every term the PB4L team ensure the school staff have input into planning and organising the PB4L lessons that classes are to undertake for the term. These lessons are based on the current needs identified in the school and support the behavioural expectations identified in the school matrix. This term the lessons so far have covered:

- week 1 Giving compliments - saying kind words .
- week 2 - Being a super listener.
- week 3 - Understanding Emotions - Zones of regulation.
- week 4 - What makes a good citizen?
- week 5 - Coping with Change.

The remainder of the term include

- week 6 - Being Resilient - Dealing with conflict.
- week 7 - Developing independence.
- week 8 - Developing Calming strategies / helping hands.
- weeks 9 and 10 - Celebrating our year—Giving thanks.

Here are some ideas written by a six year old regarding how to get out of the red zone.

To calm yourself down you can :

- Draw      Read      Do some yoga      Breath in and out five times
- Have a drink of water      Listen to some relaxing music      Sit under a tree
- Go play with some lego      Try to hear five bird sounds

By Jetty Rika



EMPATHY is one of our school values . It helps us to think about others and ways we can support our community.

This term we will be involved in a community initiative known as CRAM THE VAN. On December 4th between 12 and 3pm we will have a van parked up at school. We can bring along things to cram in the van which will be distributed to people in Whakatane less fortunate than ourselves. We want to provide children, families, and animals with food and gifts to make their Christmas special. The aim is to cram the van with non-perishable food and wrapped gifts .

Since our last PB4L newsletter we have supported Daffodil day , the Salvation Army Food bank and the SPCA. Our year six students showed super enthusiasm towards making and selling cupcakes earlier this term.

